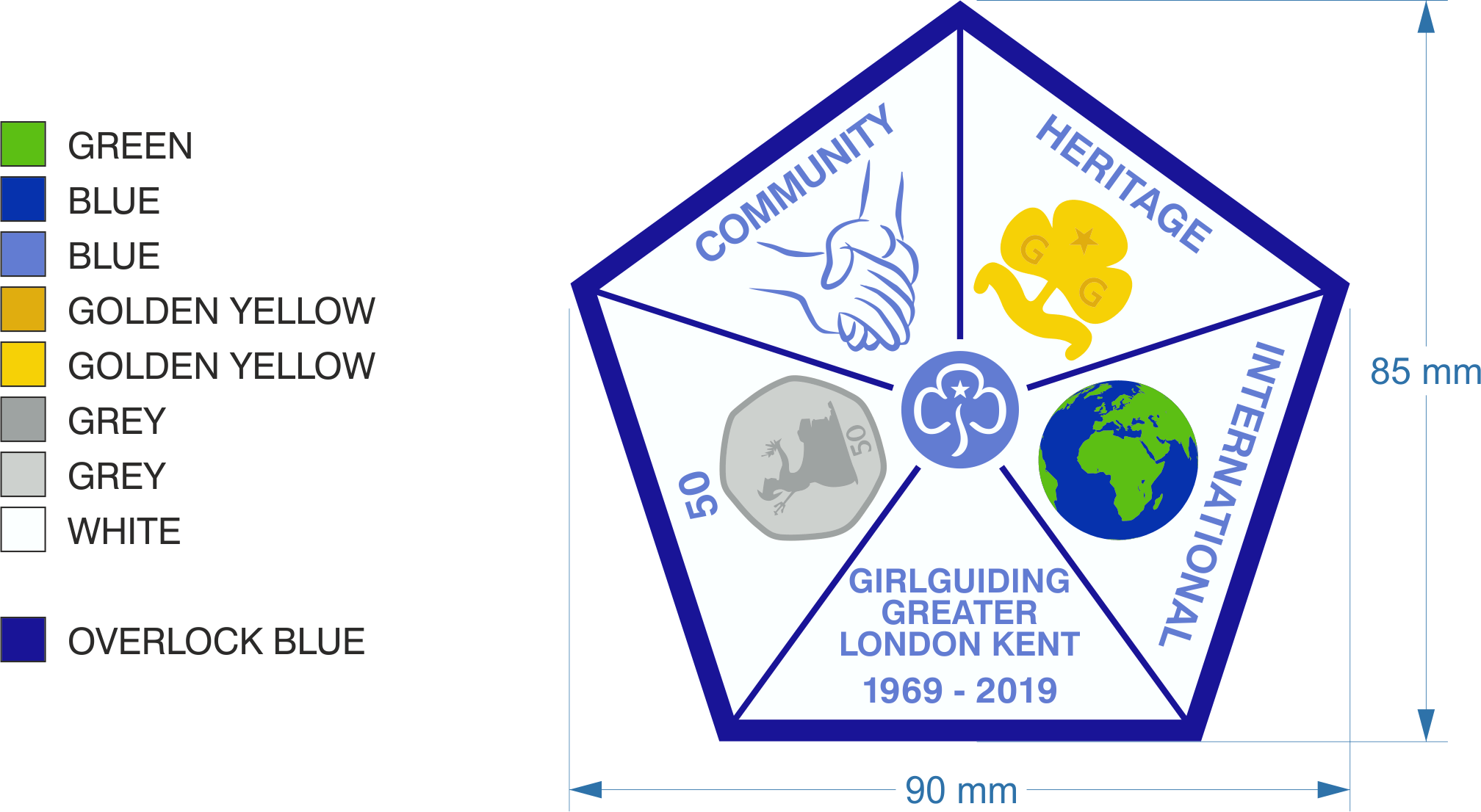
**Girlguiding Greater London Kent**

**50th Birthday Challenge**

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Welcome to the GLK 50th birthday challenge

The challenge is split into five sections:-

International

GLK

50

Community

Heritage

You can choose which challenges to complete from each section

However, there is one compulsory challenge under “Community” to raise money for the three challenges the County will be supporting as part of our 50th birthday celebrations:-

Bromley JusB

Bexley Young Carers

Rett Syndrome Charity UK

The money raised will be split equally between the three charities.

Cheques will be presented to the charities at the 50th birthday activity day on Saturday 29th June

Email – [guidingglk@yahoo.co.uk](mailto:guidingglk@yahoo.co.uk) for more details or an application form to order badges.

**Greater London Kent County**

*Complete 2 challenges from this section*

1. Below is a picture of the County Standard. The symbols on the right hand side of the flag represent the 8 Divisions that make up the County



Find out what the different symbols on the flag mean and then design a standard with symbols that represent the areas today. Maybe, ask your Division Commissioner if you can see your Division standard and find out what the symbols mean on that flag

2. Visit another part of the County

3. Do an activity with a unit from another Division

4. GLK covers the London Boroughs of Bromley and Bexley. Visit the borough your unit is not based in

5. Walk part of the Green Chain Walk

6. Visit a place of interest in the County (or on its borders) such as:-

Hall Place Danson Park

Erith Riverside Severndroog castle

Downe Scadbury

Chislehurst Caves Christmas Tree Farm

Crossness Bromley Common

**Community**

*Complete challenge number 1 and one other challenge. Challenge 1 must be completed by the end of May 2019 and the money sent in by that date*

1. Try and raise £50 for the charities we are supporting as a County this year. How you raise the money is up to you but please send a photo and a few words as to how you did it to glk.news@yahoo.co.uk. *It is not a problem if units – especially small units – raise less than the £50. And maybe some larger units will raise more!!!*

2. Make something or do an act of service which will enhance your community – eg a planter or plant some bulbs

3. Link with a residential home

4. Visit a different cultural place of worship in your community

5. Knit 50 squares to turn into blankets for a charity – eg a homeless charity or an animal rescue centre

6. Collect items for your local food bank

7. Log 50 hours of service in your community

8. Take part in a litter pick in your community

**Heritage**

*Complete 2 challenges from this section*

1. Do an interest badge from 50 years ago

2. Find out about the history of your own unit

3. See how people camped 50 years ago. Have a go at pitching a ridge tent or a bell tent

4. The first moon landing was in 1969 – the same year that our Guide County was formed. Hold a space themed evening

5. Find out about uniforms that were worn by Brownies, Guides, Rangers and Leaders 50 years ago. Design what you think will be the uniform in 50 years’ time.

6. The first Woodstock music festival was held in 1969. Hold your own music festival themed evening

7. Look at how the Promise has changed over the last 50 years

8. Hold a fashion show wearing clothing from the 1960’s

9. Find out about the history of your Borough. Maybe arrange to go and visit the Mayor’s parlour

10. Find out about some of the traditions of Guiding – using toadstools in Brownies, songs that used to be sung

**International**

*Complete 2 challenges from this section*

1. Learn 50 words in a foreign language

2. Learn to say Happy Birthday in five difference languages

3. Have a food tasting evening trying food from Countries where Guiding is active

4. Learn about the different cultures of girls in your unit

5. Invite someone to your unit who has visited a World Centre or has attended an International Guiding evening and ask them to tell you all about it

6. Find out about the World Centres

7. Play a game from another country

8. Visit Pax Lodge – the World Centre in London

9. How many countries have the girls and leaders in your unit visited? Find out something about each of those countries

10. Learn to count to 50 in a foreign language

**50 Challenges**

*Do at least four of the following. Maybe hold a “50” Evening*

1. 50 star jumps

2. 50 skips with a rope

3. Plant 50 bulbs – give them to people as a present or plant them around your meeting place

4. Swim 50 widths of a swimming pool

5. Do a collage in the shape of 50 with natural items

6. Make a banner / word chain / bunting with 50 words advertising Guiding

7. Do a penny hike and toss the coin 50 times in total – where did you end up?

8. Get 50 items in a match box

9. Go up 50 metres – eg up a hill or up a tower

10. Visit 50 tube stations

11. Sing 50 campfire songs

12. Tie 50 pieces of string together with 50 reef knots

13. Take part in an activity with at least 50 other Guiding members

14. Come up with 50 words of at least 3 letters from **GLK Birthday Challenge**

15. Bounce a ball 50 times